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Patient Services

Teeth whitening is a highly effective and affordable procedure that lightens and whitens teeth, leaving them feeling ultra-clean. Teeth whitening can be done directly in our New York City office, at-home, or with a combination of the two methods (Power Whitening.)

Quite Simply - Power Teeth Whitening consistently produces breathtaking results. Often the difference between a good smile and a great smile is the brightness of the teeth. Teeth whitening from Dr. Davis will help you achieve the bright smile you deserve.

Teeth Whitening, sometimes referred to as tooth whitening, teeth bleaching or teeth lightening, is a highly effective and affordable procedure that lightens and whitens teeth.

Millions of people have already whitened their teeth. There are 3 types of Teeth Whitening procedures commonly used by dentists. The most common, At-Home Tooth Whitening, uses whitening gels in custom fitted trays. The second type of procedure, In-Office Tooth Whitening, uses a stronger gel placed under professional supervision. The Third type of teeth whitening procedure, Power Tooth Whitening, combines the two techniques to help teeth get their brightest. As seen on The Today Show in New York, Dr. Elliot Davis will design a regimen of tooth whitening solutions that is most appropriate for you.



How White Can My Teeth Get?

Teeth have a unique and inherent lightness potential. While the teeth whitening process can lighten teeth, it cannot change the intrinsic color of a tooth. Some teeth will achieve excellent and rapid lightening, while others will lighten slightly or more deliberately. While the results do vary, the overwhelming majority of Dr. Davis' clients have achieved results that have met or exceeded their expectations.



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"We believe it is important to provide you with such a positive experience that you can't help but tell others about us."



Before revised



Before



After

One of Dr. Elliot Davis' favorite challenges is converting teeth with varying levels of discoloration to a smile that is both beautiful and uniformly white. On rare occasions, clients have even reported receiving comments that their teeth were becoming "too white." To ensure the optimal results are achieved, it's important to have your tooth whitening progress monitored by a skilled and experienced professional.

Teeth Whitening - Is It Permanent?

Unfortunately, teeth naturally wear, stain and discolor over time. While some may not, most people need to retreat or "tune-up" the whitening of their teeth every few years.

Are Some Teeth Hard to Whiten?

Yes, discolorations or stains caused by a high fever or medications are quite difficult to treat. While Dr. Elliot Davis has had success with a number of these patients (including himself), the treatment times are much longer (months, not weeks).

How Can I Prolong the New Look of My Teeth?



Excellent oral hygiene and professional cleanings performed on a regular basis help prolong the life of the teeth whitening treatment. Avoid heavily colored foods such as red wine, grapes, raspberries, cranberry or purple grape juice, dark tea and black coffee, if you want to maximize the benefits of the teeth whitening solutions. Periodic touchup treatments can be helpful for whitening teeth, too.

Possible Adverse Effects from Teeth Whitening

Some minor problems from the teeth whitening treatments are:

- ▶ Gum Irritation
- ▶ Teeth Sensitivity to Heat and/or Cold
- ▶ Uneven Whitening

Customized barriers are meticulously placed to minimize the likelihood of any of the lightening material from contacting the gums during the In-Office Tooth Whitening session. To ensure that the gums are protected during the At-Home Tooth Whitening therapy, the team members skillfully craft the whitening trays to fit you just right.

Components of a Professional Teeth Whitening Exam

A thorough teeth whitening exam should include:

- ▶ An inspection of the teeth and gums to be whitened
- ▶ A review of darkened areas near old fillings
- ▶ Checking x-rays to make sure there are no potential sources of infection
- ▶ Discussing potential risk factors that can cause sensitivity and an assessment of whether you would be at risk for them.
- ▶ The options for replacing restorations in the esthetic zone that are no longer serving your teeth as well as they once were.
- ▶ A reasonably accurate estimate for the overall treatment time.

In-Office Tooth Whitening

After the teeth and gums have been carefully protected, a strong tooth whitening solution is placed on the teeth for about an hour. This may need to be repeated 3 or more times to achieve the maximum results. The ability of your teeth to lighten will determine the number of tooth whitening treatments required. When used as the first step in the Power Tooth Whitening procedure, In-Office Tooth Whitening usually only needs to be performed one time



At-Home Tooth Whitening

At Dr. Davis' office, this procedure starts with accurate impressions of your teeth. A skilled auxiliary then makes precise models and designs custom-fit whitening trays. You will be trained on how to achieve the best results while minimizing the likelihood of any side effects. Solutions are used from 30 minutes to 6 hours at a time, depending on their strength. Be careful to follow the regimen that was designed by Dr. Elliot Davis just for you, especially if your smile poses a complex challenge



Power Tooth Whitening

Power Tooth Whitening combines the In-Office Tooth Whitening and At-Home Tooth Whitening techniques. Results achieved with Power Tooth Whitening will likely be faster, lighter and/or longer lasting than with either of the other methods.

Are There Any Benefits to Using a Laser (Laser Tooth Whitening) to Whiten Teeth?

To date, there have been no independent scientific studies published which have concluded that using a laser (laser tooth whitening) to whiten teeth will help patients reach their inherent lightness potential more effectively than other teeth whitening methods.

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